

Bachelor of Science in Kinesiology - 10KY0351BS

Name _____

UIN _____

University General Education Requirements (46 hrs.)	
<u>Composition 1/Speech Communication (6-7 hrs.)</u>	
*RHET 105 + CMN 101 (7 hrs.)	_____
CMN 111 + CMN 112 (6 hrs.)	_____
<u>University Advanced Composition (3 hrs.)</u>	
KIN 340 (3 hrs.)	_____
<u>Foreign Language:</u>	
3 yrs. of single language in HS or 3 rd level in college _____	
<u>Quantitative Reasoning I and II(6 hrs.)</u>	
_____ (3 hrs.)	_____
_____ (3 hrs.)	_____
<u>Humanities & Arts (if doubled up with **W/NW cultural studies) (6 hrs.)</u>	
_____ (3 hrs.)	_____
_____ (3 hrs.)	_____
<u>Social & Behavioral Science (6 hrs.)</u>	
KIN 140 (3 hrs.)	_____
KIN 259 (3 hrs.)	_____
<u>Natural Science & Technology (6 hrs.)</u>	
KIN 150 (3 hrs.)	_____
Physical science _____ (3 hrs.)	_____

Kinesiology Electives (12 hrs. min.)	
KIN 2____, 3____ or 4____(3 hrs.)	_____
KIN 2____, 3____ or 4____(3 hrs.)	_____
KIN 4____ (3 hrs.)	_____
KIN 4____ (3 hrs.)	_____

Kinesiology Correlate (18 hrs. min.)	
<i>Courses could include pre-requisites for graduate school or those applicable to your career interest.</i>	
_____ (hrs.)	_____
_____ (hrs.)	_____
_____ (hrs.)	_____
_____ (hrs.)	_____
_____ (hrs.)	_____
_____ (hrs.)	_____
_____ (hrs.)	_____
_____ (hrs.)	_____

Free Electives	
_____ (hrs.)	_____
_____ (hrs.)	_____
_____ (hrs.)	_____
_____ (hrs.)	_____

Total hours required to graduate: 128 hrs.

- ✓ Campus general education list – <http://go.illinois.edu/courseexplorer>
- ✓ Residency requirement – 60 hrs.
- ✓ Advanced hour requirement – 21 hrs.
- ✓ Course descriptions can be found at <http://go.illinois.edu/courseexplorer>

*Could be fulfilled with combination of RHET 101/102 or 103/104

**Students are required to have one NW cultures and one W cultures course in order to graduate.

Departmental Requirements (10 hrs.)	
<u>Anatomy & Physiology I and II</u>	
MCB 244/245 (5 hrs.)	_____
MCB 246/247 (5 hrs.)	_____

Kinesiology Core Requirements (22 hrs.)	
KIN 125 (1 hr.) Intro Kines & Community Health	_____
KIN 140 (3 hrs.) Social Sci of Human Movement	_____
KIN 150 (3 hrs.) Bioscience of Human Movement	_____
KIN 201 (3 hrs.) Phys Act Research Meas & Meth	_____
KIN 259 (3 hrs.) Motor Development and Control	_____
KIN 340 (3 hrs.) Soc & Psyc of Phys Activity	_____
KIN 352 (3 hrs.) Bioenergetics of Movement	_____
KIN 355 (3 hrs.) Biomechanics of Human Movement	_____

Kinesiology & Community Health Core (6 hrs.)	
KIN 122 (3 hrs.) Physical Activity & Health	_____
CHLH 101 (3 hrs.) Intro to Public Health	_____