

College of Applied Health Sciences

Supporting Our Students: Important Resource Information for Parents and Mentors





Sign up for Illini-Alert texts.



Important webpages to refer to throughout the year:

Popular Parent Resources: http://illinois.edu/parents/index.html

Campus Safety: http://police.illinois.edu/services/campus-safety-tips/

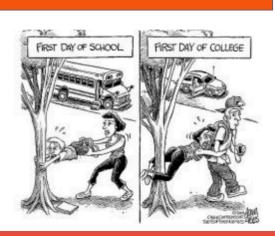
FERPA: https://registrar.illinois.edu/parents-and-ferpa

Parent and Family Programs: https://union.illinois.edu/get-involved/illini-union-parent-and-family-programs

"Seven real-life skills your teenager needs before going away to college":

https://www.washingtonpost.com/news/parenting/wp/2018/02/12/seven-real-life-skills-your-teen-needs-before-going-away-to-college/

The Illini Union Parent and Family Programs Office (PFPO) communicates with and provides Illinois parents and families with the tools necessary to develop a productive and supportive relationship throughout the college experience. PFPO endeavors to give the best resources to educate families how to best mentor and coach their college student and help them take the necessary steps to ensure a bright future.



Dear Parent, Guardian, Mentor, and family members that have been influential in our students' lives!

Welcome to the College of Applied Health Sciences (AHS)! We are committed to your student's future success as they embark on this new journey at the University of Illinois. Our faculty, academic advisors, and staff are dedicated to students, and we are proud of our AHS community. Please know we are here to help and encourage your student to come talk to us with any questions or concerns.

In Orange and Blue,

Gretchen Adams, Ph.D.

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"We were told by a friend that our daughter would be a small fish in a big ocean at the University of Illinois, and wouldn't be surprised if she got lost in the system. He was wrong, she thrived! This University may be large, but the College of Applied Health Sciences and the Department of Community Health were like a family to her. She was encouraged, cared for and well supported by two wonderful Academic Advisors. She got to experience Australia for Study Abroad. She earned a few awards, a scholarship, graduated with high honors and has accepted an Academic Professional position on campus. We couldn't be more pleased with her experience at the University of Illinois Urbana-Champaign and Community Health!"

-Jon and Kathy Runck, parents of AHS graduate