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RESEARCH INTERESTS

Body image and physically active recreation/sport Leisure and health/well-being Leisure across the life course

EDUCATION

Ph.D. (Aug. 2009) The Pennsylvania State University

Major: Leisure Studies

Concentration: Bio-behavioral Health

Dissertation: Body Image and Leisure among Older Women

M.Sc. (May 2004) Brigham Young University

Major: Recreation Management and Youth Leadership

Thesis: Body Image and Beliefs About Appearance: Maternal Influences and

Resulting Constraints on Leisure of College-Age Women

B.S. (May 2002) Utah State University

Major: Parks and Recreation Minor: Business Administration

PROFESSIONAL EXPERIENCE

2017-present Associate Professor

Department of Recreation, Sport & Tourism

University of Illinois at Urbana-Champaign, Champaign, IL

2014-2017 Assistant Professor

Department of Recreation, Sport & Tourism

University of Illinois at Urbana-Champaign, Champaign, IL

2013-2014	Assistant Professor Department of Parks, Recreation, & Tourism Management Clemson University, Clemson, SC
2009-2013	Assistant Professor Faculty of Kinesiology & Health Studies University of Regina, Regina, SK
2005-2009	Graduate Research Assistant and Instructor Department of Recreation, Park & Tourism Management The Pennsylvania State University, University Park, PA
2004-2005	Activity Leader and Ship's Mate Florida National High Adventure Sea Base Boy Scouts of America, Summerland Key, FL
2002-2004	Graduate Research Assistant Department of Recreation Management & Youth Leadership Brigham Young University, Provo, UT
2000-2002	Athletics Director/Program Director Camp Kingsmont, West Stockbridge, MA

Other Professional Experience/Roles

2022-present	Director of Undergraduate Studies, Department of Recreation, Sport and Tourism,
	University of Illinois at Urbana-Champaign

2020-present Faculty Associate, Center for Global Studies, University of Illinois at Urbana-Champaign

2020-present Online MS Subject Matter Expert for RST 594 LA, Legal Aspects of Recreation, Sport, and Tourism

RESEARCH

Peer Reviewed Publications (* indicates student co-author)

Liechty, T., Woo, M.,* Rice, L., Chiu, C., Kirkpatrick, S., Hankins, K., Hedgspeth, E., Nichols, A., Porter, C., Smeltzer, M., & Adamson, B. (in press). Community partners' perspectives on partnering with an academic research team to promote disability-inclusive fitness programming. *Progress in Community Health Partnerships: Research, Education, and Action*.

- An, J.*, Payne, L. & Liechty, T. (in press) Exploring the role and meaning of leisure in healthy aging among older adults with chronic conditions. *Annals of Leisure Research*. DOI: https://doi.org/10.1080/11745398.2022.2029511
- Son, J. S., Chen, G.*, Liechty, T., Janke, M. C., West, S. T., Wong, J. D., & Naar, J. J. (in press). The role of facilitators in the constraint negotiation of leisure-time physical activity: An under-researched area. *Leisure Sciences*. DOI: https://doi.org/10.1080/01490400.2021.1919253
- Chen, G.*, Janke, M., Liechty, T., Wong, J., West, S., Son, J., Juris, J., & Johnston, C. (2023). Older adults' sport participation: A socioecological analysis. *International Journal of Aging and Human Development*, 97(3), 354-373. DOI: https://doi.org/10.1177/00914150221143958
- Adamson, B., Woo, M.*, Liechty, T., Chiu, C., Wyatt, N.*, Cranny, C.*, & Rice, L. (2023). Development and pilot testing of the Disability Awareness Training and Education program among community-based group fitness instructors. *Adapted Physical Activity Quarterly*, 40(2), 323-346.
- Lizzo, R.* & Liechty, T. (2023). Online community participation as serious leisure: A netnography. *World Leisure Journal*, 65(1), 45-62. DOI: https://doi.org/10.1080/16078055.2022.2127867
- Lizzo, R.* & Liechty, T. (2022). The Hogwarts Running Club and sense of community: A netnography of a virtual community. *Leisure Sciences*, 44(7), 959-976. DOI: https://doi.org/10.1080/01490400.2020.1755751
- Du, X.*, Liechty, T., Santos, C. A., & Park, J.* (2022). "I want to share a beautiful journey with my friends": Chinese travelers' sharing of travel videos via social media and tourism experiences. *Current Issues in Tourism*, 25(21), 3412-3424. https://doi.org/10.1080/13683500.2020.1810212
- Son, J. S., West, S. T., Liechty, T., Janke, M. C., Naar, J. J., & Wong, J. D. (2022). The Sport Facilitators in Later Life Scale (SFLLS): Preliminary evidence of reliability and validity. *Journal of Leisure Research* 53(4), 643-666. DOI: https://doi.org/10.1080/00222216.2021.1998813
- Chen, G.*, Kerins, A., & Liechty, T. (2022). Exploring roller derby skaters' progression into sport. *International Journal of the Sociology of Leisure*, *5*(2), 207-227. DOI: https://doi.org/10.1007/s41978-021-00097-0
- Lizzo, R.* & Liechty, T. (2022). Benefits and motivations for virtual community participation: A netnography of the Hogwarts Running Club. *Journal of Park and Recreation Administration* 40(2), 2-16. DOI: https://doi.org/10.18666/JPRA-2021-10778

- Genoe, M. R., Liechty, T., & Marston, H. R. (2022). Leisure innovation and the transition to retirement. *Leisure Sciences*, 44(4), 440-458. DOI: https://doi.org/10.1080/01490400.2019.1597791
- Chung, W.*, An, J.*, Russell, I.*, Liechty, T. (2022). Promoting on-going participation in group fitness among older adults: An application of the Psychological Continuum Model. *Journal of Leisure Research*, 53(2), 309-327. DOI: https://doi.org/10.1080/00222216.2021.1933656
- Choi, W.*, Liechty, T., Naar, J.*, West, S., Wong, J., & Son, J. (2022). "We're a family and that gives me joy": Exploring interpersonal relationships in older women's softball using socioemotional selectivity theory. *Leisure Sciences*, 44(2), 183-200. DOI: https://doi.org/10.1080/01490400.2018.1499056
- Chung, W.*, Genoe, M. R., Tavilsup, P.*, Stearns, S.*, Liechty, T. (2021). The ups and downs of older adults' leisure during the pandemic. *World Leisure Journal*, 63(3), 301-315. https://doi.org/10.1080/16078055.2021.1958051
- Liechty, T. & Fortune, D. (2021). Leisure and aging in difficult times: Introduction to special issue. *World Leisure Journal*, 63(3), 224-228. DOI: https://doi.org/10.1080/16078055.2021.1958132
- Son, J. S., Nimrod, G., West, S. T., Janke, M. C., Liechty, T., & Naar, J. J. (2021). Promoting older adults' physical activity and social well-being during COVID-19. *Leisure Sciences*, 43(1-2), 287-294. DOI: https://doi.org/10.1080/01490400.2020.1774015
- Agate, S. T., Liechty, T., & Weybright, E. H. (2020). Introduction to the special issue social justice issues in parks and recreation: Moving beyond the "easy" questions. *Journal of Park and Recreation Administration* 38(3) 1-9. DOI: https://doi.org/10.18666/JPRA-2020-10405
- Barbosa, C.*, Ribeiro, N., & Liechty, T. (2020). "I'm being told on Sunday mornings that there's nothing wrong with me": Lesbians' experiences in an LGBT-focused religious leisure space. *Leisure Sciences*, 42(2), 224-242. DOI: https://doi.org/10.1080/01490400.2018.1491354
- West, S., Naar, J., Son, J. & Liechty, T. (2019). Promoting team sport participation among older women. *Journal of Park and Recreation Administration*, *37*(4), 33-50. DOI: https://doi.org/10.18666/JPRA-2019-9118
- Liechty, T., LeFevour, K.*, Kerins, A., Baker, B., & Lizzo, R.* (2019). Leisure-time physical activity and sense of community among older adults in a group fitness program. *Recreation, Parks, and Tourism in Public Health, 3*, 27-46. https://doi.org/10.2979/rptph.3.1.04
- Langley, C. A.*, Powell, G., Liechty, T., Haller, W., & Anderson, D. (2019). Leisure experiences and social support systems of Latino students with DACA status. *Journal of Youth Development*, 14(2), 79-98. DOI: https://doi.org/10.5195/jyd.2019.704

- Lee, C.*, Kim, S.*, Owens, M.*, Liechty, T., & Kim, J. (2019). Engaging with sports related serious leisure and acculturation among Korean graduate students. *Annals of Leisure Research*, 22(2), 247-263. DOI: https://doi.org/10.1080/11745398.2018.1496463
- Wong, J. D., Son, J. West, S., Naar, J.*, Liechty, T. (2019). A life course examination of women's team sport participation in late adulthood. *Journal of Aging and Physical Activity*, 27(1), 73-82. DOI: https://doi.org/10.1123/japa.2017-0193
- Liechty, T., Coyne, S. M., Collier, K.*, Sharp, A.* (2018). "It's just not very realistic": Perceptions of media among pregnant and postpartum women. *Health Communication*, *33*(7), 851-859. DOI: https://doi.org/10.1080/10410236.2017.1315680
- Coyne, S. M., Liechty, T., Collier, K.*, & Sharp, A.*, Davis, E.*, & Kroff, S. L.* (2018). The effect of media on body image in pregnant and postpartum women. *Health Communication*, *33*(7), 793-799. DOI: https://doi.org/10.1080/10410236.2017.1314853
- Genoe, M. R., Liechty, T. & Marston, H. R. (2018). Retirement transitions among baby boomers: Findings from an online qualitative study. *Canadian Journal on Aging/ La Revue Canadienne du viellissement*, *37*(4), 450-463. DOI: https://doi.org/10.1017/S0714980818000314
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- Barbosa, C.* & Liechty, T. (2018). Exploring leisure constraints among lesbian women who attend a straight-friendly church. *Journal of Leisure Research*, 49(2), 91-108. DOI: https://doi.org/10.1080/00222216.2018.1477679
- Narr, J.*, Wong, J., West, S., Son, J. & Liechty, T. (2017). Women's participation in competitive softball during middle and late adulthood through a socio-ecological framework. *Topics in Geriatric Rehabilitation*, 33(3), 170-181. DOI: https://doi.org/10.1080/11745398.2016.1220321
- Liechty, T., West, S., Narr, J. *, & Son, J. (2017). Perceptions of ageing among older women softball players. *Annals of Leisure Research*, 20(3), 295-313. DOI: https://doi.org/10.1080/11745398.2016.1220321
- Broughton, K.,* Payne, L., & Liechty, T. (2017). An exploration of older men's social lives and well-being in the context of a coffee group. *Leisure Sciences*, *39*(3), 261-276. DOI: https://doi.org/10.1080/01490400.2016.1178200
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- Genoe, M. R. & Liechty, T. (2016). Using our whole selves: Our experiences with reflexivity while researching a community arts-based leisure program. *Leisure/Loisir*, 40(4), 469-492. DOI: https://doi.org/10.1080/14927713.2016.1269470
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- Genoe, M. R., Liechty, T., Marston, H. R., & Sutherland, V.* (2016). Blogging into retirement: Using qualitative online research methods to understand leisure among baby boomers. *Journal of Leisure Research*, 48(1), 15-34. DOI: https://doi.org/10.18666/jlr-2016-v48-i1-6257
- Pitas, N. A.*, Mowen, A. J., Liechty, T., & Trauntvein, N. (2015). "Proceed with caution": Public perceptions of corporate sponsorship of public park and recreation services. *Journal of Park and Recreation Administration*, 33(4), 1-15. https://doi.org/10.18666/JPRA-2015-V33-I4-6517
- Liechty, T. & Genoe, M. R. (2015). Management implications of transitioning between leisure service providers: A community leisure arts program case study. *Journal of Park and Recreation Administration*, 33(3), 17-31.
- Liechty, T., Sveinson, K.*, Willfong, F.*, Evans, K.* (2015). "It doesn't matter how big or small you are...there's a position for you": Body image among female tackle football players. *Leisure Sciences*, *37*(2), 109-124. DOI: https://doi.org/10.1080/01490400.2014.980591
- Liechty, T., Mowen, A. J., Payne, L. L., Henderson, K. A., Bocarro, J. N., Burton, C.*, & Godbey, G. (2014). Public park and recreation managers' experiences with health partnerships. *Journal of Park and Recreation Administration*, 32(2), 11-27.
- Liechty, T., Ribeiro, N. F., Sveinson, K.*, & Dahlstrom, L.* (2014). "It's about what I can do with my body": Body image and embodied experiences of aging among Canadian men. *International Journal of Men's Health*, *13*(1), 3-21. DOI: https://doi.org/10.3149/jmh.1301.3
- Liechty, T., Dahlstrom, L.*, Sveinson, K.*, Son, J., & Rossow-Kimball, B. (2014). Canadian men's perceptions of leisure-time physical activity and the aging body. *Qualitative Research in Sport, Exercise, and Health*, 6(1), 20-44. DOI: https://doi.org/10.1080/2159676X.2012.712990

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- Barbosa, C.*, Liechty, T., & Perdercini, R.* (2013). Restrições ao lazer feminino: Particularidades das experiências de lazer de mulheres homossexuais/ Leisure constraints for women: The leisure experiences of homosexual women. *Licere*. *16*(2), 1-22. Available at www.eeffto.ufmg.br/licere
- Liechty, T. (2012). "Yes, I worry about my weight...but for the most part I'm content with my body": Older women's body dissatisfaction alongside contentment. *Journal of Women and Aging*, 24(1), 70-88. DOI: https://doi.org/10.1080/08952841.2012.638873
- Liechty, T., Yarnal, C. M., & Kerstetter, D. L. (2012). "I want to do everything!": Leisure innovation among retirement-age women. *Leisure Studies*, *31*(4), 389-408. DOI: https://doi.org/10.1080/02614367.2011.573571
- Genoe, R., Liechty, T., & LeDrew, J. E. (2011). "When it's my time, I tend to just sit": Challenges and opportunities for healthy active living among mature women. *International Journal of Health, Wellness and Society*, 1(3), 55-70. DOI: https://doi.org/10.18848/2156-8960/CGP/v01i03/41179
- Yarnal, C. M., Son, J., & Liechty, T. (2011). "She was buried in her purple dress and her red hat and all of our members wore full 'Red Hat Regalia' to celebrate her life": Dress, embodiment and older women's leisure. *Journal of Aging Studies*, 25(1), 52-61. DOI: https://doi.org/10.1016/j.jaging.2010.08.006
- Kerstetter, D. L., Mowen, A. J., Trauntvein, N. E., Graefe, A. R., Liechty, T., & Zielinski, K. D. (2010). Visitors' opinions of who should provide services and amenities in state parks. *Journal of Park and Recreation Administration*, 28(4), 21-36.
- Liechty, T., & Yarnal, C. M. (2010). The role of body image in older women's leisure. *Journal of Leisure Research*, 42(3), 443-467.
- Liechty, T., & Yarnal, C. M. (2010). Older women's body image: A life course perspective. *Ageing and Society*, *30*(7), 1197-1218. DOI: https://doi.org/10.1017/S0144686X10000346
- Liechty, T., Ribeiro, N. F., & Yarnal, C. M. (2009). 'I traveled alone, but never felt alone': An exploration of the benefits of a women's group tour experience. *Tourism Review International*, 13(1), 17-29. DOI: http://dx.doi.org/10.3727/154427209789130611
- Coyne, S. M., Archer, J., Eslea, M., & Liechty, T., (2008). Adolescent perceptions of indirect forms of relational aggression: Sex of perpetrator effects. *Aggressive Behavior*, *34*, 1-7. DOI: https://doi.org/10.1002/ab.20266

Liechty, T., Freeman, P. A., & Zabriskie, R. B. (2006). Body image and beliefs about appearance: Constraints on the leisure of college-age and middle-age women. *Leisure Sciences*, 28(4), 311-330. DOI: https://doi.org/10.1080/01490400600745845

Papers under Review

- Liechty, T., Lizzo, R., Wu, X., Fratila, I., Du, X. *Leisure and Women's Body Image: The Role of Fandom-based Tattoos*. Manuscript submitted for publication.
- Woo, M., Jang, I., Chen, G., Liechty, T., & Kerins, A. Sense of community in roller derby athletes. Manuscript submitted for publication.
- West, S., Wu, X, Liechty, T., Son, J., Janke, M., Juris, J., Wong, J., & Chen, G.* *Today's older adults: Who they are and what they want from us Strategies for facilitating older adults' sport.* Manuscript submitted for publication.
- Simms, J. & Liechty, T. *Examining the leadership perceptions of interscholastic athletic directors*. Manuscript submitted for publication.

Non-Refereed Publications

- Stodolska, M., Scott, D., & Liechty, T. (in press). *Leisure matters: Exploring leisure in a changing world*. Sagamore-Venture Publishing.
- Liechty, T. (in press). Constructing embodied identities through leisure. In H. Pinckney, V. Freysinger, & D. Kivel (Eds.). *Thoughts/Reflections on leisure: A reader for the 21st century*. Sagamore-Venture Publishing.
- Liechty, T., Lizzo, R., & Du, X. (in press). Leisure in the age of COVID and in the post-pandemic era. In M. Stodolska, D. Scott, & T. Liechty (Eds.). *Leisure Matters: Exploring Leisure in a Changing World*. Sagamore-Venture Publishing.
- Liechty, T., West, S., Naar, J., Son, J., & Wong, J. (2022). Sport for women in later life. In L.J. Ingram, K. Tarkó, & S. L., Slocum (Eds.). *Women, Leisure and Tourism: Self-actualization and empowerment through the production and consumption of experience*. (pp. 36-46). Oxfordshire, UK: CABI.
- Son, J., West, S., Janke, M., Liechty, T., & Naar, J. (2020). Supporting older adults during COVID-19, *Open Space: The Official Blog and Podcast of NRPA*. https://www.nrpa.org/blog/supporting-older-adults-during-covid-19/
- Liechty, T. & Genoe, M. R. (2016). Aging and leisure. In G. Ritzer (Ed.), *Encyclopedia of Sociology, 2nd Edition*. Wiley Blackwell.
- Kleiber, D. & Liechty, T. (2016). Developmental Theory and Leisure. In F. McGuire & D. Kleiber (Eds.). *Leisure and Human Development*. (pp. 9-38). Urbana, IL: Sagamore Publishing.

- Liechty, T. (2012). Read, write, tweet? Technology and the leisure experience. *Direction:* Saskatchewan Parks and Recreation Association, 3(2), 10-11.
- Liechty, T. (2011). Instructor Guide to accompany H. Gibson & J. Singleton (Eds.). *Leisure and Aging*. Champaign, IL: Human Kinetics.
- Kerstetter, D. L., Mowen, A. J., Trauntvein, N. E., Liechty, T., & Ribeiro, N. F. (2009). Visitor perceptions of the benefits of a local park. In D. B. Klenosky & C. L. Fisher (Eds.), Proceedings of the 20th North East Region Recreation Research (NERR) Symposium (pp. 8-14). Newton Square, PA: US Forest Service.
- Liechty, T. (2007). The role of body image in women's leisure. *ADOZ Journal of Leisure Studies*, 31, 59-69.

Research Reports to Sponsors

- Rice, L., Adamson, B., Chiu, C., Liechty, T., Woo, M., Wyatt, N. (2022). *Disability awareness training and education program expansion*. Report to CO+RE: The Community + Research Partnership Program through the UIUC Office of the Chancellor for Research and Innovation.
- Adamson, B., Rice, L., Chiu, C., Liechty, T., Woo, M., Cranny, C. (2021). MOVE MS and beyond: Fostering Group Exercise for Individuals with MS and Other Disabilities through Research-Supported Community Programs. Report to CO+RE: The Community + Research Partnership Program through the UIUC Office of the Chancellor for Research and Innovation.
- West, S., Liechty, T., Naar, J., Son, J. S., Wong, J., D., Janke, M., Chen, G., & Walker, A. (2019). NRPA older adult leisure-time physical activity survey results: Implications for recreation agencies. Report to the National Recreation and Park Association, 1-27.
- Liechty, T., Hall, R., Scheunemann, J., Browning, L., Mulvaney, M., Robinett, J. (2017). *IPRA* qualitative membership study: A comprehensive and regional study exploring educational opportunities. Report to the Illinois Parks and Recreation Association.
- Genoe, R., Liechty, T., & Marston, H. R. (2016). *Baby boomers' leisure and the transition to retirement: An online qualitative study*. Report to the Social Science and Humanities Research Council of Canada.
- Liechty, T. (2015). *Body image and physical activity: The lived experience of pregnancy and the changing body.* Report to the Social Science and Humanities Research Council of Canada.
- Genoe, R. & Liechty, T. (2014). *The impact of transitioning between leisure service providers: A community leisure arts program case study*. Report to the Social Science and Humanities Research Council of Canada.

- Liechty, T., Ribeiro, N F., & Dupré, F. (2014). *Ma culture, où-est-elle sur le campus? Cultural identity, integration, and well-being of Fransaskois and Métis youth in university environments*. Report to Centre Canadien de Recherche sur les Francophonies en Milieu Minoritaire/ Canadian Center for Research on Francophone Minority Communities.
- Liechty, T. (2012). *Leisure and older men's body image*. Report to the Social Sciences and Humanities Research Council of Canada.
- Mowen, A. J., Godbey, G. C., Liechty, T., Kerstetter, D. L., Payne, L. L., & Orsega-Smith, E. (2008). *Health partnerships of recreation and park organizations: Results from a national study*. Report to the National Recreation and Park Association and the National Recreation Foundation.

Conference Presentations, Posters and Abstracts

- Plandowski, K., Genoe, M. R., Stearns, S., Tavilsup, P., Liechty, T., Fesemyer, J., & Chung, W. (May, 2023). *Boomer or zoomer? Exploring the role of technology and the intentions of its use in leisure among Canadian baby boomers*. Paper presented at the Canadian Congress on Leisure Research, Ottawa, ON.
- Stearns, S., Genoe, M. R., Leichty, T., Tavilsup, P., Chung, W., & Plandowski, K. (May, 2023). *Volunteering during the COVID-19 pandemic: Experiences of Canadian baby-boomers*. Poster presented at the Canadian Congress on Leisure Research, Ottawa, ON.
- Fesemyer, J., Liechty, T., Genoe, R., Stearns, S., Tavilsup, P., Plandowski, K., Chung, W., Soulard, J. (May, 2023). *Impacts of COVID-19 on travel behaviours for Canadian baby boomers*. Paper presented at the Canadian Congress on Leisure Research, Ottawa, ON.
- Stearns, S., Genoe, R., Tavilsup, P., Liechty, T., Plandowski, K., Chung, W., & Fesemyer, J. (2023, April). *How baby boomers transition to retirement: Physical activity*. Paper presented at the U of R KHS Research Day, Regina, SK.
- Chung, W., Genoe, R., Stearns, S., Tavilsup, P., Fesemyer, J., & Liechty, T. (February, 2023). *The aftermath of the global pandemic: Leisure in the lives of retirees in 2022.* Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, New Orleans, LA.
- Key, L., Du, X., Woo, M., Pazmino, J., Kerins, A., & Liechty, T. (February, 2023). *Spinning fast without falling: Women's empowerment through roller derby*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, New Orleans, LA.
- Du, X., Lee, M., Wu, X., & Liechty, T. (February, 2023). *Leisure, culture, and identity among Chinese LGBT young adults in the U.S.* Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, New Orleans, LA.

- Woo, M., Jang, I., Lee, M., & Liechty, T. (February, 2023). *Korean middle-aged women's sauna participation and sense of community*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, New Orleans, LA.
- Liechty, T., Wu, X., Lizzo, R., & Fratila, I. (February, 2023). *Leisure and women's body image:* Fandom-based tattoos' connections to social physique anxiety and body appreciation. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, New Orleans, LA.
- Chung, W. & Liechty, T. (2022, November). Exploring adjustment to retirement: Leisure in the lives of first-generation Korean immigrant men in the United States. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Indianapolis, IN.
- An, J., Payne, L., & Liechty, T. (2022, November). *Development and Validation of the Leisure Eustress-Distress Scale (LEDS)*. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Indianapolis, IN.
- An, J., Payne, L., & Liechty, T. (2022, November). *Understanding the Experience of Eustress Among Older Adults with Chronic Conditions*. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Indianapolis, IN.
- Genoe, M. R., Liechty, T., Tavilsup, P., Stearns, S., Chung, W., & Plandowski, K. (2022, October). *Relationship-building among baby boomers through online research*. Paper presented at the Canadian Association on Gerontology Annual Scientific and Education Meeting, Regina, SK.
- Stearns, S., Genoe, M. R., Liechty, T., Chung, W., Tavilsup, P., & Plandowski, K. (2022, October). *Perceptions of age as a leisure constraint among baby boomers*. Poster presented at Canadian Association on Gerontology's Annual Education and Scientific Meeting, Regina, SK.
- Chen, G., Son, J., Liechty, T., Janke, M. C., West, S. T., Wong, J. D. & Juris. J. (February, 2022). *An examination of facilitators in the constraint negotiation of leisure-time physical activity among older adults*. Paper presented as part of a panel presentation at The Academy of Leisure Sciences Annual Conference on Research and Teaching (virtual).
- Janke, M.C., Son, J.S.. Juris, J., Liechty, T., Young, T. L., West, S. T., Wong, J. D., & Uva, K. (February, 2022). *Older adults' use of reconstructed leisure and wellbeing during the pandemic*. Paper presented as part of a panel presentation at The Academy of Leisure Sciences Annual Conference on Research and Teaching (virtual).
- Son, J. S., West, S. T., Liechty, T., Janke, M. C., Naar, J. J., & Wong, J. D. (February, 2022). *Reliability and validity of the recreational sport facilitators scale*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching (virtual).

- Liechty, T., Genoe, R., Chung, W., Sterns, S., Tavilsup, P., Plandowski, K. (February, 2022). *Transitioning to retirement in 2020: A longitudinal qualitative study*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching (virtual).
- Lizzo, R. & Liechty, T. (February, 2022). For the love of ink: Tattoos, fandom, and the leisure experience. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching (virtual).
- Liechty, T., Naar, J., Son, J., Janke, M., West, S., & Wong, J. (October, 2021). *Strategies for facilitating older adult sport*. Paper presented at The National Recreation and Parks Association's Annual Congress, Nashville, TN (hybrid format).
- Chen, G., Kerins, A., Liechty, T., & Welty Peachey, J. (June, 2021). *Exploring roller derby athletes' recruitment, retention, and advancement*. Paper presented at The North American Society for Sport Management Conference (virtual).
- Woo, M., Adamson, B., & Liechty, T. (May, 2021). Strategies for leisure service providers to improve inclusion: Preliminary findings from the MOVE MS program. Paper presented at the Canadian Conference on Leisure Research, Edmonton, AB (virtual).
- Tavilsup, P., Stearns, S., Genoe, R., Liechty, T., & Chung, W. (May, 2021). *How baby boomers transition to retirement: Physical activity*. Paper presented at the Canadian Conference on Leisure Research, Edmonton, AB (virtual).
- Genoe, R., Liechty, T., Chung, W., Tavilsup, P., & Stearns, S. (May, 2021). *Is a busy retirement a good retirement? The busy ethic and its impact on leisure among baby boomers*. Paper presented at the Canadian Conference on Leisure Research, Edmonton, AB (virtual).
- Cranny, C., Woo, M., Liechty, T., Chiu, C., Rice, L., & Adamson, B. (May, 2021). Fostering physical activity for people with disabilities through park district programs. Poster presented at UIUC Undergraduate Research Symposium (virtual).
- Uva, K., Naar, J., Son, J., West, S., Liechty, T., Janke, M., & Wong, J. (March, 2021). *Rural vs urban views of recreation: An older adult perspective*. Paper presented at The Southeast Environment and Recreation Research Conference (virtual).
- Lizzo, R. & Liechty, T. (February, 2021). *Benefits and motivations for virtual community participation: A netnography of the Hogwarts Running Club*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching (virtual).
- Chen, G., Liechty, T., Wong, J., Hodgdon, B., West, S., Son, J., Janke, M., Naar, J., & Welty Peachey, J. (June, 2020). *Older adults' participation in sport and other leisure-time physical activity: Age and gender effects.* Paper presented at The North American Society for Sport Management Conference (virtual).

- Janke, M., West, S., Wong, J., Son, J., Liechty, T., Naar, J., & Hodgdon, B., (February, 2020). Sport participation in older adulthood: Associations with health and social well-being. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, Champaign, IL.
- Chen, G., Liechty, T., Wong, J., Hodgdon, B., West, S., Son, J., Naar, J., & Janke, M. (February, 2020). *Older adults' participation in sport and other leisure-time physical activity: Age and gender effects*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, Champaign, IL.
- Kerins, A. & Liechty, T. (February, 2020). *Women's experiences with roller derby: Preliminary findings*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, Champaign, IL.
- Lizzo, R. & Liechty, T. (February, 2020). *The Hogwarts running club and sense of community: A netnography of a virtual community*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, Champaign, IL.
- Chung, W., Shin, S., & Liechty, T. (February, 2020). Leisure programs for social inclusion: The experience and perception of multicultural parents in South Korea. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, Champaign, IL.
- West, S., Wong, J., Son, J., Naar, J., Janke, M., & Liechty, T. (October, 2019). *Today's older adults: Who are they and what do they want from us?*. Educational Workshop presented at The National Recreation and Parks Association's Annual Congress, Baltimore, MD.
- Liechty, T. (February, 2019). Serving older adults: The role of public recreation in public health.

 Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, Greenville, SC.
- Wong, J., Son, J., West, S., Naar, J., & Liechty, T. (February, 2019). *Women's team sport participation in late adulthood*. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, Greenville, SC.
- West, S., Naar, J., Son, J., Liechty, T., & Wong, J. (February, 2019). Summary of findings and next steps in research from multiple studies examining women playing competitive sport in later life. Paper presented at The Academy of Leisure Sciences Annual Conference on Research and Teaching, Greenville, SC.
- Liechty, T., LaFevour, K.*, Kerins, A., Baker, B., Lizzo, R.*. (May, 2018) *Older adults group fitness and sense of community*. Paper presented at the Congress of the Humanities and Social Sciences, Regina, SK.
- Wong, J. D., Son, J. S., West, S., Naar, J.*, & Liechty, T. (March, 2018). *Women's competitive team sport participation in late adulthood: A life course examination*. Paper presented at the 42 Annual Ohio Association of Gerontology and Education Conference.

- Lee, C.*, Kim, S.*, Owens, M.* & Liechty, T. (September, 2017). *Sports based serious leisure and school adaptation*. Paper presented at the National Recreation and Parks Association's Annual Congress, New Orleans, LA.
- An, J.*, Payne, L. & Liechty, T. (September, 2017). *Healthy aging, eustress, and self-regulation for older adults with chronic conditions*. Poster presented at the Illinois-National Taiwan University Global Issues Forum, Champaign-Urbana, IL.
- Liechty, T., Son, J., West, S. & Naar, J.* (May 2017). *Social connections among female softball players*. Paper presented at the Canadian Conference on Leisure Research, Kitchener, ON.
- Genoe, R., Liechty, T. & Marston, H. (May, 2017). *The relevance of innovation theory of successful aging for baby boomers transitioning to retirement*. Paper presented at the Canadian Conference on Leisure Research, Kitchener, ON.
- An, J.*, Payne, L., Liechty, T. (May, 2017). *Healthy aging and eustress in the context of leisure among older adults with chronic conditions*. Paper presented at the Canadian Conference on Leisure Research, Kitchener, ON.
- LeFevour, K.* & Liechty, T. (May, 2017). Social motivations for on-going participation in a group fitness program for older adults. Paper presented at the International Congress of Qualitative Inquiry, Champaign-Urbana, IL.
- West, S., Reed, B. *, Naar, J. *, Son, J. & Liechty, T. (September, 2016). *Promoting team sport participation among Older Women: Why and How.* Paper presented at the National Recreation and Parks Association's Annual Congress, Saint Louis, MO.
- Liechty, T. & Genoe, M. R. (July, 2016). *Physical activity and the transition to retirement*. Paper presented at the Leisure Studies Association Conference, Liverpool, UK.
- Genoe, M. R., Liechty, T. & Marston, H. R. (May, 2016). *Exploring the challenges experienced during the transition to retirement*. Paper presented at the International Congress of Qualitative Inquiry, Champaign-Urbana, IL.
- Liechty, T. & Schiller, K.* (April, 2016). *Using play to promote physical activity*. Paper presented at the US Play Coalition Conference, Clemson, SC.
- Genoe, M. R., Liechty, T. & Marston, H. R. (April, 2016). Fun in retirement: Perceptions of leisure among baby boomers transitioning to retirement. Paper presented at the Tourism and Leisure Studies Conference, Honolulu, HI.
- Reed, B. *, West, S., Naar, J. *, Liechty, T., & Son, J. (March, 2016). *Older women's softball: Identity development and benefits to successful aging*. Poster presented at the Southeastern Recreation Research Conference, Asheville, NC.

- Liechty, T. & Genoe, M. R. (March, 2016). *Creativity, social connections and wellness: Meanings of participation in a leisure-arts pottery program.* Paper presented at the Experience Industry Management Research Retreat, Provo, UT.
- Genoe, M. R., Liechty, T. & Marston, H. R. (October, 2015). *Baby boomers and the transition to retirement*. Paper presented at the Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Calgary, AB.
- Walters, K. *, Evans, K. * & Liechty, T. (September, 2015). *The social construction of pregnancy: A Leisure perspective*. Paper presented at the National Recreation and Parks Association's Leisure Research Symposium, Las Vegas, NV.
- Liechty, T., Genoe, M. R., & Marston, H. R. (May, 2015). *Challenges and benefits of using online qualitative research methods to explore leisure and the transition to retirement*. Paper presented at the International Congress of Qualitative Inquiry, Champaign-Urbana, IL.
- Liechty, T. & Genoe, M. R. (March, 2015). *Exploring the challenges and benefits of online qualitative data collection*. Invited talk given at the Experience Management Conference. Provo, UT.
- Liechty, T., Sveinson, K.*, Willfong, F.*, & Ribeiro, N. F. (October, 2014). *Experiences of empowerment among female tackle football players*. Paper presented at the National Recreation and Parks Association's Leisure Research Symposium, Charlotte, NC.
- Genoe, R., Liechty, T., & Marston, H. (September, 2014). *Using online research methods to understand the transition to retirement among baby boomers*. Paper presented at the World Leisure Conference, Mobile, AL.
- Liechty, T., Willfong, F.*, Sveinson, K.*, & Ribeiro, N. F. (September, 2014). *Tackle football as serious leisure for women*. Paper presented at the World Leisure Conference, Mobile, AL.
- Liechty, T., Evans, K.*, Willfong, F.* & Sveinson, K.* (May, 2014). "There's a position for every body type": Experiences of body image among female tackle football players. Paper presented at the Canadian Conference on Leisure Research, Halifax, NS.
- Ribeiro, N. F., Liechty, T. & Dupré, F. (May, 2014). *Ma culture, où-est-elle sur le campus? Leisure and cultural identity of Fransaskois and Métis youth in university environments*. Paper presented at the Canadian Conference on Leisure Research, Halifax, NS.
- Liechty, T., Genoe, M. R., & Barbosa, C.* (2013, October). *The impact of transitioning between leisure service providers: A community leisure arts program case study.* Paper presented at the National Recreation and Parks Association's Leisure Research Symposium, Houston, TX.

- Dorsch, K., Cripps, D., Daschuk, J., Genoe, R., Hoeber, L., Kelsey, K., LeDrew, J., Liechty, T., Riemer, H., & Rossow-Kimball, B. (2013, April). *A walk through the MALL: Social science research in kinesiology & health studies.* Poster presentation. University of Regina/University of Saskatchewan Kinesiology Research Day, Regina, SK.
- Liechty, T., Sveinson, K.*, & Dahlstrom, L.* (2012, November). *Aging and men's body image*. Poster presented at the Gerontological Society of America Annual Meeting, San Diego, CA.
- Liechty, T. & Ribeiro, N. F. (2012, October). *Physical self-efficacy, body image, and sport participation among pre-adolescent girls*. Poster presented at the Qualitative Health Research Conference, Montreal, QC.
- Liechty, T., Genoe, R., & Ribeiro, N. F. (2012, October). *Older men's perceptions of physical activity and the aging body*. Paper presented at the National Recreation and Parks Association's Leisure Research Symposium, Anaheim, CA.
- Liechty, T. & Barbosa, C.* (2012, June). *Qualitative methods in body image research: Implications of gender*. Paper presented at the Innovations in Qualitative Research Conference, Saskatoon, SK.
- Genoe, R. & Liechty, T. (2012, June). Writing ourselves into the story?: What we learned about reflexivity as both participants and researchers in a community-based arts program. Paper presented at the Innovations in Qualitative Research Conference, Saskatoon, SK.
- Barbosa, C.* & Liechty, T. (2012, May). *Leisure spaces and leisure constraints for lesbians: A pilot study*. Paper presented at the Graduate Leisure Research Symposium, Waterloo, ON.
- Liechty, T. (2011, December). *Perceptions of leisure time physical activity and aging among retirement-age Canadian men*. Paper presented at the Australia & New Zealand Association for Leisure Studies Conference (special symposium on Social Psychological Aspects of Physically Active Leisure across the Lifespan), Dunedin, NZ.
- Liechty, T., Genoe, R., & Rossow-Kimball, B. (2011, May). "I don't want to become elderly. I want to become an elder": Retirement-age Canadian men's perceptions of leisure and aging. Paper presented at the Canadian Conference on Leisure Research, St. Catharines, ON.
- Ribeiro, N. F., Foemmel, E., & Liechty, T. (2011, May). *Using a variety of methods to compare related freelists and investigate the relationship between cognition and behavior of a leisure experience*. Paper presented at the Canadian Conference on Leisure Research, St. Catherines, ON.
- Genoe, R., Liechty, T., & LeDrew, J. (2011, January). Stepping toward healthy, active lifestyles: Pedometers and photovoice as emancipatory health literacy tools for mature women. Published abstract from the International Conference on Health, Wellness, and Society, Berkley, CA.

- Liechty, T. & Yarnal, C. M. (2010, November). Older women's body image: A life course perspective. Paper presented at the *Gerontological Society of America Annual Conference*, New Orleans, LA.
- Liechty, T. (2010, June). *Using purposive methodological sequencing to explore body image among older women*. Paper presented at the Innovations in Qualitative Research Conference, Saskatoon, SK.
- Liechty, T. & Yarnal, C. M. (2009, October). *An exploration of innovation theory among retirement-age women*. Paper presented at the National Recreation and Park Association Annual Congress, Leisure Research Symposium, Salt Lake City, UT.
- Liechty, T. & Yarnal, C. M. (2009, March). *Retirement-age women's perceptions of leisure and aging*. Paper presented at the Northeastern Recreation Research Symposium, Bolton Landing, NY.
- Kerstetter, D. L., Mowen, A. J., Trauntvein, N. E., Liechty, T., & Ribeiro, N. F. (2008, March). *Residents' perceptions of the benefits of a local park*. Paper presented at the Northeastern Recreation Research Symposium, Bolton Landing, NY.
- Mowen, A. J., Liechty, T., & Trauntvein, N. E. (2007, March). *Surveys on a shoestring*. Paper presented at the Pennsylvania Recreation and Park Society Conference, Hershey, PA.
- Liechty, T., Ribeiro, N., F., & Yarnal, C. M. (2006, October). *Cruising, fun and positive emotion in older women's lives: What we learned from a Red Hat Society group tour.* Paper presented at the National Recreation and Park Association Annual Congress, Leisure Research Symposium, Seattle, WA.
- Ribeiro, N. F., Liechty, T., & Yarnal, C. M. (2006, May). *The importance of wearing a Red Hat: Play, fun, and positive emotion in older women.* Paper presented at The Association for the Study of Play Annual Conference, York, ON.
- Baker, B. L., Liechty, T., & Zabriskie, R. B. (2005, October). *Shared family fun and the youth-parent relationship*. Paper presented at the National Recreation and Park Association Annual Congress, Leisure Research Symposium, San Antonio, TX.
- Liechty, T., Freeman, P. A., & Zabriskie, R. B. (2004, October). *Body image and beliefs about appearance: Leisure constraints for women*. Paper presented at the National Recreation and Park Association Annual Congress, Leisure Research Symposium, Reno, NV.
- Liechty, T., & Freeman, P. A. (2004, March). *Body image as a leisure constraint*. Paper presented at the Utah Recreation and Park Association Conference, Leisure Research Symposium, St. George, UT.

Ihli, A. A., Agate, J. R., & Liechty, T. (2003, March). *Strength through service: A study of the relationship between family service and family strength*. Paper presented at the Utah Recreation and Park Association Conference, Leisure Research Symposium, Ogden, UT.

Invited Talks

- Genoe, R., Mair, H., Fortune, D., Hoeber, L., Liechty, T., & Black, A. (2023, May). *Taking the mystery out of academic publishing: A panel discussion*. Invited Panelist at The Canadian Congress on Leisure Research (CCLR). Ottawa, Ontario, Canada.
- Liechty, T. (2017, February). *The habits of productive scholars: Conversations with early-career faculty members*. Invited Panelist at The Academy of Leisure Sciences' (TALS) Research Institute. Indianapolis, Indiana.
- Liechty, T. & Genoe, M. R. (2015, March). *Exploring the challenges and benefits of online qualitative data collection*. Presentation given at the Experience Management Conference. Provo, UT.
- Liechty, T., Hoeber, L, & Genoe, M. R. (2011). *Survey Monkey: Making the monkey work for you*. Presentation given for the Saskatchewan Recreation and Park Association Conference and Annual General Meeting, Saskatoon, SK.
- Liechty, T. (2010). *Our body image: The view from within*. Invited lecture at the "Our Body: The Universe Within" exhibit lecture series, Saskatchewan Science Centre, Regina, SK.

Community Presentations or Workshops

- Genoe, R. & Liechty, T. (2023, May). *Finding Joy and Purpose in Retirement*. 4-week workshop facilitated through the Regina Lifelong Learning Center. Regina, SK.
- Liechty, T. (2018, July). *Body Image During Pregnancy and Postpartum*. Workshop facilitated through Gentle Transitions. Champaign, IL.

Research Funding

- Adamson, B. (Principal Investigator), Rice, L., Chiu, C., & Liechty, T (Site PI). (under review). Increasing accessible and inclusive physical activity programs: Expansion and implementation of the inclusive community exercise training for community-based recreation facilities. *National Institute on Disability, Independent Living, and Rehabilitation Research.* \$280,764.
- Rice, L. (Principal Investigator), Adamson, B., Chiu, C., & Liechty, T. (2022-2023). MOVE MS and Beyond: Fostering group exercise for individuals with MS and other disabilities through research-supported community program. *CO+RE: The Community + Research Partnership Program through the UIUC Office of the Chancellor for Research and Innovation.* \$50,000.

- Rice, L. (Principal Investigator), Adamson, B., Liechty, T., Chiu, C. & Yarnot, R. (2022-2023). Development and implementation of a campus recreation disability inclusion training program. *UIUC Campus Research Board*. \$29,854.
- Sato, M. (Principal Investigator), & Liechty, T. (2022-2023). County-level associations between park and recreational facility access and population health: Role of socioeconomic and ethnic status. *UIUC Campus Research Board.* \$20,652.
- Sato, M. (Principal Investigator), & Liechty, T. (2022). County-level associations between park and recreational facility access and physical activity prevalence: Role of socioeconomic and ethnic status. Summer Supplemental Research Grant, Department of Recreation, Sport, & Tourism. \$5.407.
- Rice, L. (Principal Investigator), Adamson, B., Chiu, C., & Liechty, T. (2021-2022). Disability awareness training and education program expansion. *CO+RE: The Community + Research Partnership Program through the UIUC Office of the Chancellor for Research and Innovation.* \$30,000.
- Adamson, B. (Principal Investigator), Chiu, C., Rice, L., & Liechty, T. (2020-2021). MOVE MS and beyond: Fostering Group Exercise for Individuals with MS and Other Disabilities through Research-Supported Community Programs. *CO+RE: The Community + Research Partnership Program through the UIUC Office of the Chancellor for Research and Innovation.* \$17,013.
- Genoe, M. R. (Principal Investigator) & Liechty, T. (2019-2024). A Longitudinal exploration of innovation in retirement transitions among baby boomers. *Social Sciences and Humanities Research Council of Canada.* \$96, 550.
- West, S. (Principal Investigator), Son, J., Liechty, T., Naar, J., & Janke, M., (2018-2019). Parks and recreation facilitators and constraints to older adult sports. *National Recreation and Park Association*. \$25,000.
- Schwingel, A. (Principal Investigator), Andrade, F. (Co-PI), Bartlo, W. (Co-PI), Berdychevsky, L. (Co-PI), Bobitt, J. (Co-PI), Grigsby-Toussaint, D. (Co-PI), Husain, F. (Co-PI), Konopka, A. (Co-PI), Liechty, T. (Co-PI), Mejia, S. (Co-PI), Mudar, R. (Co-PI), Payne, L. (Co-PI), Rogers, W. (Co-PI), Sosnoff, J. (Co-PI) (2018-2019). START: Student Aging Researchers Training. Illinois Office of Undergraduate Research, Development Grants for Undergraduate Research. \$9,000.
- Liechty, T. (Principal Investigator), Hall, R., Scheunemann, J., Browning, L., Mulvaney, M., Robinett, J. (2017). A comprehensive and regional research study utilizing interviews and focus groups to gather information and member perspectives. *Illinois Parks and Recreation Association*. \$12, 320.

- Liechty, T. (Principal Investigator), Payne, L., & Baker, B. (2016-2017). Investigation of the elements of a physically active leisure program that encourage participation by older adults: A case study. *UIUC Campus Research Board*. \$10,000.
- Coyne, S. M. (Principal Investigator) & Liechty, T. (2013-2016). Pregnancy, media, and body image. *Mentored Education Grant*. \$20,000.
- Genoe, M. R. (Principal Investigator), Liechty, T., & Marston, H. (2013-2016). Insight into leisure and aging: Is there room for innovation? *Social Sciences and Humanities Research Council of Canada Insight Development Grant.* \$33,460.
- Liechty, T. (Principal Investigator) & Karreman, W. E. (2012-2015). Body image and physical activity: The lived experience of pregnancy and the changing body. *Social Science and Humanities Research Council General Research Grant Fund.* \$3,720.
- Liechty, T. (Principal Investigator), Ribeiro, N., & Dupré, F. (2012-2014). Ma Culture, Où-Est-Elle sur le Campus? Cultural Identity, and Well-Being of Fransaskois and Métis Youth in University Spaces. Centre Canadien de Recherche sur les Francophonies en Milieu Minoritaire/ Canadian Center for Research on Francophone Minority Communities. \$4,960
- Genoe, M. R. (Principal Investigator), & Liechty, T. (2012-2013). The impact of transitioning between leisure service providers: Phase II of a community arts program case study. *Social Science and Humanities Research Council General Research Grant Fund.* \$5,000
- Liechty, T. (Principal Investigator) (2009-2010). Body image and leisure among older men. *Social Science and Humanities Research Council General Research Grant Fund*. \$4,832.

GRADUATE STUDENT COMMITTEES AND SUPERVISION

Ph.D. Dissertation advisor

Jenna Fesemyer (2026 expected), PhD, Dissertation title: *Undecided* (committee chair)

Seung-Jin Cho (2026 expected), PhD, Dissertation title: Undecided (committee co-chair)

Xin Du (2025 expected), PhD, Dissertation title: *Leisure Co-creation in TikTok* (committee cochair)

Latashia Key (2025 expected), PhD, Dissertation title: *African American Girls and Swimming:* Looking Back while Propelling forward to a Culturally Responsive Swim Lesson and Water Safety Program (committee chair)

Mina Woo (2024 expected), PhD, Dissertation title: Exploring Experiences of Recreational Tennis among Women in Mid and Later Life (committee chair)

Jake Simms (2023 expected), PhD, Dissertation title: *Examining Perceptions of Leadership and the Student-Athlete Experience* (committee member)

Incheol Jang (2023), PhD, Dissertation title: Exploring Employees' Perceptions of Human Resource Practices of a Sport for Development Organization: A Case Study of the Special Olympics Illinois (committee member)

Kerri Schiller (2020), PhD, Dissertation title: "I Think Adults Play by Spending Time with their Friends and by Participating in Leisure Activities": How College Students Conceive of and Experience Play in their Everyday Lives (committee chair)

Robin Lizzo (2019), PhD, Dissertation title: *The Real-World Implications of an Imaginary World: A Netnography of a Harry Potter-based Virtual Community (Hogwarts Running Club)* (committee chair)

Ph.D. Dissertation committee member

Jeanine Bensken (2025 expected), PhD, Dissertation title: *Physical Activity as a Community Health Related Social Need* (Department of Kinesiology and Community Health, committee member)

Jonathan R. Oliveira (2025 expected), PhD, Dissertation title: *Leveraging Social Outcomes of Hosting College Sports Events in the Local Community: Understanding Residents' Perceptions* (committee member)

Jazmin Pazmino (2024 expected), PhD, Dissertation title: *Undecided* (committee member)

Milae Lee (2024 expected), PhD, Dissertation title: *How does Colatec-going Resist Aging Stereotypes and Promote Healthy Aging in South Korea* (committee member)

Damien Cavanaugh (2024 expected), PhD, Dissertation title: *Examining Dysfunctional Pornography among Self-Reporters: A Grounded Theory Approach* (committee member)

Byron Juma (2024 expected), PhD, Dissertation title: *Athletes' Experiences with Anti-Doping Rule Violations and the Need for Anti-Doping Rehabilitation Programs* (committee member)

Xingxing Wu (2023), PhD, Dissertation title: *Exploring Laotians' Experiences of Leisure Gambling and Sense of Place in a Casino Setting: A Case Study* (committee member)

Vanessa Parker (2023), PhD, Dissertation title: *Relationships between Complex Trauma History, Physical Activity, and Cardiovascular Health among Sexual Minority Adults* (School of Social Work, committee member)

Wonju Lee (2022), PhD, Dissertation title: Examining the Determinants and Consequences of Organizational Resilience among American Collegiate Sport Clubs during the COVID-19 Global Pandemic: The Role of Organizational Structure and Resources (committee member)

Wonock Chung (2022), PhD, Dissertation title: First Generation Korean American Men's Experiences of Retirement and Leisure (committee member)

Jeff Farr (2021), PhD, Dissertation title: *Understanding How Family Structure and Context Influence a Family's Resilience, Youth Sport Involvement, Stress, and Well-being* (committee member)

Jaesung An (2021), PhD, Thesis title: *Development and Validation of a Leisure Eustress-Distress Scale* (committee member)

Chungsup Lee (2017), PhD, Dissertation title: *The Role of Leisure Attitudes and Self-efficacy on Attitudes toward Retirement and Psychological Well-being among Retirees: A Sense of Coherence Approach* (committee member)

Daniel Peluso (2012), PhD, Dissertation title: *Cognitions in non-life threatening Traumatic Events:* A Mixed Methods Study (committee member)

M.S. advisor (thesis and non-thesis)

Yael Bravo Vega (2025 expected), MS, 4+1 Non-thesis option (advisor)

Michael Fox (2024 expected), MS, 4+1 Non-thesis option (advisor)

Elyse Standard (2023), MS, Non-thesis option (advisor)

Matthew Kumler (2022), MS, Non-thesis option (advisor)

Matthew Haufe (2022), MS, Non-thesis option (advisor)

Giovanni Auricchio (2021), MS, Non-thesis option (advisor)

Kevin Huang (2021), MS, Thesis title: *Analytics in Professional Sports: Applications of Analytics in Tennis* (committee chair)

Hana Johnson (2020), MS, Non-thesis option (advisor)

Katy Christ (2020), MS, Thesis title: Fitspiration's Perceived Influence on Body Image and Exercise Behavior for Young Adults (committee chair)

Marissa Bainter (2020), MS, Non-thesis option (advisor)

Mike Jones (2019), MS, Non-thesis option (advisor)

Rachael Weiland (2019), MS, Thesis title: Constraints and Facilitators of Leisure-Time Physical Activity at Campus Recreation Facilities (committee chair)

Mark Bell (2019), MS, Non-thesis option (advisor)

Macie Sinn (2018), MS, Non-thesis option (advisor)

Rachel Graham (2018), MS, Non-thesis option (advisor)

David Williams (2018), MS, Non-thesis option (advisor)

Corie Baldwin (2017), MS, Non-thesis option (advisor)

Jaesung An (2016), MS, Thesis title: Distress or Eustress: Understanding the Role of Self-Regulation in the Context of Leisure among Older Adults (committee member)

S Christman McPherson (2015), MS, Thesis title: *Motivational Climate and Goal Orientation among Adolescent Football Players* (committee member)

Sara Baral (2014), MS, Thesis title: Learning as Leisure among Older Adults: Understanding how motivations and constraints impact engagement and satisfaction among OLLI participants using Leisure Innovation Theory (committee chair)

Carla Barbosa, (2015) MS, Thesis Title: Leisure Spaces and Leisure Constraints for Lesbian Women (committee chair)

M.S. Thesis committee member

Ryan McGrath (2022), MS, Thesis title: *COVID-19 Impact on Municipal Parks & Recreation: Experiences, Challenges, and Strategies* (committee member)

Do Yun Kim (2021), MS, Thesis title: Older Employees' Participation in Wellness Program and Behavior Change in the Workplace: Based on the Illinois Workplace Wellness Study (committee member)

Carissa Smith (2020), MS, Thesis title: Female College Student Motivations for Participation in Intramural Sports: Within Group Comparisons (committee member)

Xin Du (2019), MS, Thesis title: "I Want to Share a Beautiful Journey with my Friends!": Chinese Millennial Travel Videos via Social Media and the Tourism Experiences (committee member)

Chidinma, Osinike (2016), MS, Thesis title: *An Exploration of Leisure Innovation in the Self-Management of Co-Morbid Chronic Illnesses in Older Adults* (committee member)

C. Austin Langley (2015), MS, Thesis title: *Sport as a Source of Advocacy and Integration for Undocumented Students* (committee member)

Jenna Tyler (2014), MS, Thesis title: From Pressure to Pampering: How Parenting Style Impacts a Youth Athlete's Ability to Achieve Flow (committee member)

Katie Sveinson (2014), MS, Thesis title: *Marginalization or Empowerment? An Examination of Highly Identified Female Sport Fans* (committee member)

Laura Dahlstrom (2014), MS, Thesis title: Women who Coach High Performance Male Track and Field Athletes: An Exploration of Lived Experiences (committee member)

Stephanie Miller (2013), MS, Thesis title: *Play Pals: Promoting Physical Activity through Near*peer Role Modeling and Mentoring (committee member)

Political and Legal Aspects of Recreation and Park Services (2 semesters)

Toni Jestadt (2013), MS, Thesis title: *Teacher Construction of Body Image in the Classroom* (committee member)

TEACHING

RPTM 460:

Courses Taught

111 100.	Tofficer und Legar Aspects of Recreation and Fark Services (2 semesters)
RPTM 470:	Recreation and Park Management (2 semesters)
KHS 141:	The Role of Leisure in Society (1 semester)
SRS 110:	Recreation and Leisure Theory (2 semesters and 1 independent study)
SRS 105:	Introduction to Sport and Recreation Management (3 semesters)
SRS 340:	Governance and Legal Issues in Sport & Recreation (3 semesters)
SRS 220:	Program Delivery and Management (2 semesters)
SRS 497:	Outdoor Adventure Programming (2 independent studies)
SRS 465:	Commercial Recreation Management (1 semester)
KHS 803:	Research Design and Methods in Kinesiology, Health, & Sport (2 semesters)
KHS 847AE:	Foundations in Leisure Research (1 independent study online)
KHS 849AE:	Leisure and Geography (1 independent study online)
PRTM 407:	Personnel Administration in PRTM (2 semesters)
PRTM 325:	Diversity and Global Perspectives in PRTM (1 semester)
PRTM 825:	Serving Diverse Populations in PRTM (1 semester)
RST 501:	Theories and Concepts of Leisure (4 semesters)
RST 100:	RST in Modern Society (3 semesters)
RST 420:	Human Resource Management in RST (1 semester)
RST 210:	Introduction to Management in RST (6 semesters)
RST 354:	Legal Aspects of Sport (3 semesters)
RST 502:	Critical Issues in Recreation (2 semesters as independent study)
RST 584:	Leisure, Health, and Wellness (2 semesters)
RST 317:	Designing Park and Recreation Experiences (3 semesters)
RST 512:	Managing RST Organizations (2 semesters online; 1 semester independent study)
RST 594:	Legal Issues in Recreation, Sport, & Tourism (2 semester online; 1 semester campus)
RST 550:	Theory and Methods of Leisure (1 semester)

New Course Development

RST 594: Legal Issues in Recreation, Sport, and Tourism

RST 393H: Health and RST: Global Perspectives

Funded by the UIUC European Union Center, \$6,885 for graduate assistantship

RST 393: Global Issues in Recreation, Sport, and Tourism

Funded by the UIUC Center for Global Studies, \$9,458 for graduate assistantship

and materials

Courses/Training Taken to Improve Teaching Skills

Fall 2006:	Schreyer Institute for Teaching Excellence New Instructor Orientation Workshop
Sum 2008:	Higher Education in Recreation Parks and Tourism Management
Fall 2008:	Schreyer Institute for Teaching Excellence Course in College Teaching
Spr 2010:	U of R Center for Teaching and Learning Seminar on Fostering Student Engagement
Win 2011:	U of R Center for Teaching and Learning Seminar on Teaching Large Classes
Fall 2011:	U of R Center for Teaching and Learning Seminar on Student Assessment
Win 2012:	U of R Center for Teaching and Learning Seminar on Copyright Infringement
Fall 2013:	Clemson Office of Teaching Effectiveness and Innovation Workshop on teaching
	students to use library resources
Win 2014:	Clemson Office of Teaching Effectiveness and Innovation Workshop on
	Documenting Teaching Effectiveness
Fall 2014:	UIUC Center for Innovation in Teaching and Learning workshop on Improving
	Testing and Grading of Student Learning
Spr 2015:	UIUC Center for Innovation in Teaching and Learning workshop on Creating an
	Intriguing Course
Spr 2016:	UIUC Center for Innovation in Teaching and Learning workshop on Creating
	Effective Team Assignments and Student Teams
Spr 2018:	UIUC Center for Innovation in Teaching and Learning workshop on Expectations
	about Classroom Etiquette
Fall 2018:	AHS Teaching Academy workshop on Engaging Students in the Classroom
Fall 2019:	AHS Teaching Academy workshop on Mentoring Teaching Assistants
Spr 2020:	AHS Teaching Academy workshop on Incorporating Technology into Teaching
Spr 2020:	UIUC Faculty Retreat on Harnessing the Sciences of Emotion to Spark Learning
Sum 2020:	AHS Online Teaching Academy
Spr 2021:	UIUC Faculty Retreat on Creating "Wicked" Students
Fall 2021:	AHS Teaching Academy workshop on Transitioning to Canvas
Spr 2023:	AHS Teaching Academy workshop on Inclusive and Accessible Design

SERVICE

Service to Academic Journals

2007	Reviewer for Schole: A Journal of Leisure Studies and Recreation Education
2007-2020	Reviewer for Journal of Park and Recreation Administration
2008-2022	Reviewer for Leisure Sciences
2007-2023	Reviewer for Journal of Leisure Research
2009-2015	Reviewer for Qualitative Research in Sport and Exercise

2010-2014 2010-2022	Reviewer for BMC Public Health Reviewer for Leisure Studies
2011	Reviewer for The International Journal of Health, Wellness, and Society
2013	Reviewer for World Leisure Journal
2014-2022	Reviewer for Body Image: An International Journal of Research
2014-2015	Reviewer for Journal of Aging and Physical Activity
2015	Reviewer for Journal of Outdoor Recreation and Tourism
2015-2018	Reviewer for Annals of Leisure Research
2015-2023	Associate Editor for Leisure Sciences
2016-2017	Reviewer for Sex Roles
2017-2020	Reviewer for Leisure/Loisir
2017	Reviewer for International Journal of Intercultural Relations
2018	Reviewer for Sport Management Review
2018-2023	Associate Editor for Leisure Studies
2018-2020	Guest Editor for a special issue of Journal of Park and Recreation Administration
2019-2020	Reviewer for Canadian Journal on Aging
2019-2021	Reviewer for Women in Sport and Physical Activity Journal
2019-2022	Reviewer for Journal of Intercollegiate Sport
2020-2021	Reviewer for <i>Midwifery</i>
2020-2021	Guest Editor for a special issue of World Leisure Journal
2018-2023	Associate Editor for Leisure/Loisir
2021-2023	Reviewer for International Journal for the Sociology of Leisure

University Service

2009	KHS representative to the faculty of business
2009	U of R SSHRC selection committee for M.Sc. funding
2010-2012	U of R Faculty of Graduate Studies and Research committee member
2010-2012	U of R Executive of Council (faculty senate) elected member
2010-2012	KHS Graduate Studies and Research Steering Committee member
2011-2012	KHS representative to Academic Program Review task force
2011-2013	Advisor to the KHS Undergraduate Student Society
2013	Clemson University PRTM (RT) Faculty Search Committee member
2013	OLLI Director Search Committee member
2014-2015	UIUC College of Applied Health Sciences Search Committee member
2014-2015	AHS Grievance Committee member
2015-2017	AHS Elections and Credentials Committee member
2015-2017	RST Department Head's Advisory Committee member
2015-2017	RST Awards and Honors Committee chair
2016-2017	RST Faculty Search Committee chair (disability sport)
2015-2019	RST Graduate Committee
2017-2019	AHS Educational Policy Committee member/chair
2018-2022	RST Department Head's Advisory Committee member
2018-2022	RST Promotion and Tenure Committee member
2018-2020	CHAD Senior Faculty Committee member
2019-2020	AHS Strategic Planning Committee member

2019-2020	RST Faculty Search Committee chair (events)
2019-2022	RST Undergraduate Committee member
2020-2022	CHAD Senior Faculty Committee chair
2021-2022	RST Faculty Search Committee chair (parks and recreation)
2023-2025	RST Department Head's Advisory Committee member
2022-2022	AHS Educational Policy Committee member
2023-2024	RST Faculty Search Committee member (sport management)
2023-2025	AHS Grievance Committee member
2023-2025	RST Promotion and Tenure Committee member

Other Service

2011-2013	Saskatchewan Recreation and Park Association Research Committee member
2013	Abstract reviewer for Canadian Conference on Leisure Research
2014-2016	Experience Industry Management Conference Research Retreat co-organizer
2015-2018	NRPA Session Abstract review coordinator
2016-2019	The Academy of Leisure Sciences director-at-large
2017-2019	Abstract reviewer for The Academy of Leisure Sciences
2019-	TALS 2020 Conference on Research and Teaching Host Committee member
2019-	TALS Education Committee chair
2021	Abstract review coordinator for The Academy of Leisure Sciences
2022-	TALS treasurer

HONORS AND AWARDS

2022	UIUC Excellence in Graduate and Professional Teaching Award (\$4,000)
2022	AHS Excellence in Graduate and Professional Teaching Award (\$1,000)
2019	Utah State University Department of Kinesiology and Health Science Outstanding
	Professional Achievement Alumni Award
2014	JPRA Best Paper Award for Public Park and Recreation Managers' Experiences
	with Health Partnerships (conference registration fee + \$250 honorarium)
2007-2009	Juran Doctoral Award (\$5,000)
2005-2008	Department of Recreation, Park, and Tourism Management Graduate Student
	Assistantship (tuition + stipend equal to more than \$100,000 over three years)
2006	Herberta M. Lundegren Graduate Scholarship in Leisure Studies (\$1,000)
2004	Utah Recreation and Parks Association Student Excellence Scholarship (\$1,000)

SCHOLARLY AND PROFESSIONAL ASSOCIATIONS

The Academy of Leisure Sciences
Illinois Park and Recreation Association
National Recreation and Park Association
World Leisure Organization + Leisure and Aging Special Interest Group