Orientation to Recreation, Sport and Tourism
College of Applied Health Sciences

UPDATED: SEPTEMBER 2023
WELCOME TO RST!

In order to apply to our major, please submit your application using this link:

https://ahs.illinois.edu/rst-ict
Welcome to the Department of Recreation, Sport and Tourism at the University of Illinois. I appreciate the trust you’ve placed in RST to be your academic home – Thank you! You will be learning from award-winning faculty, and engaged with peers who are bright, creative and committed to making a difference. Our extensive network of alumni and friends will connect you with professionals across the range of industries of recreation, sport and tourism. I look forward to seeing you in the halls of Huff, in classes, and at departmental events.

Go Illini!
Bill
Dr. Toni Liechty, Professor; Director of Undergraduate Studies

Hello and thanks for your interest in joining the RST department! I have been a faculty member in RST for 10 years and can attest that this is an outstanding department with a great sense of community. We have an innovative curriculum that covers diverse topics and provides opportunities for hands on learning to prepare you for a wide variety of career paths. Our faculty rank as some of the top instructors on campus and they are enthusiastic about working with RST students. As the Undergraduate Director, I look forward to meeting you and learning about your goals and aspirations.

If you have any questions, feel free to contact me at tliechty@illinois.edu.
Frequently Asked Questions

Continue reading for deadlines, program information, and coursework information.
What are my deadlines to apply?

The ICT application process uses many cycles, so there are multiple application deadlines:

**Fall Semester Deadlines:**
- First Friday of the semester (for fall admission)
- Eighth Friday of the semester (for spring admission)
- January 1st (for spring admission)

**Spring Semester Deadlines:**
- Eighth Friday of the semester (for fall admission)
- June 1st (for fall admission)

*Please refer to the Office of the Registrar’s “Academic Deadlines” for a specific date in any given semester: [https://ahs.illinois.edu/ahs-ict](https://ahs.illinois.edu/ahs-ict)*
What courses can I take to get ahead?

Below are some suggested RST courses to take in advance, though they are not required to enter the major:

**Suggested Courses:**

- RST 100
- RST 101
- RST 200
- RST 230
- RST 255
- RST 120 (if you are interested in the recreation concentration)
- RST 130 (if you are interested in the sport concentration)
- RST 150 (if you are interested in the tourism concentration)
Why should I choose to transfer into RST?

Below are just some of the many benefits of being a student in RST:

Benefits:

- Select the concentrations that most interest you (Recreation and Park Management, Sport Management, and/or Tourism Management)
- Work with community groups
- Gain hands-on, practical skills in your courses, study tours, and site visits
- Contribute to the work of professional organizations
- Study abroad
- Participate with faculty in cutting-edge research and outreach
- Enrich your personal and professional skillset through RST 485, our 12-credit hour internship
- Experience a curriculum rooted in psychology, sociology, business administration, management, and human development
- Learn from faculty who widely are recognized for their leadership, research, professional contributions, and excellence in teaching
- World-wide alumni network necessary in securing good job placement
### What courses are required for RST?

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>RST 100</td>
<td>RST in Modern Society (also a Gen Ed!)</td>
<td></td>
</tr>
<tr>
<td>RST 101</td>
<td>Orientation to RST</td>
<td></td>
</tr>
<tr>
<td>RST 200</td>
<td>Leadership in RST</td>
<td></td>
</tr>
<tr>
<td>RST 210</td>
<td>Management in RST</td>
<td></td>
</tr>
<tr>
<td>RST 240</td>
<td>Finance in RST</td>
<td></td>
</tr>
<tr>
<td>RST 255</td>
<td>Ethics in RST</td>
<td></td>
</tr>
<tr>
<td>RST 325</td>
<td>Marketing in RST</td>
<td></td>
</tr>
<tr>
<td>RST 340</td>
<td>Facility Management</td>
<td></td>
</tr>
<tr>
<td>RST 370</td>
<td>Research Methods in RST (also a Gen Ed!)</td>
<td></td>
</tr>
<tr>
<td>RST 410</td>
<td>Strategic Management (also a Gen Ed!)</td>
<td></td>
</tr>
<tr>
<td>RST 440</td>
<td>HR in RST</td>
<td></td>
</tr>
<tr>
<td>RST 460</td>
<td>Event Management</td>
<td></td>
</tr>
<tr>
<td>RST 465</td>
<td>Event Implementation &amp; Evaluation</td>
<td></td>
</tr>
<tr>
<td>RST 480</td>
<td>Orientation to Internship</td>
<td></td>
</tr>
<tr>
<td>RST 485</td>
<td>Internship</td>
<td></td>
</tr>
</tbody>
</table>

Plus 12 hours of RST Elective courses! Some popular choices are below:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>RST 199 MR</td>
<td>Issues in Sport &amp; Higher Ed</td>
<td></td>
</tr>
<tr>
<td>RST 199 BSS</td>
<td>Business Strategies for Pro. Sport</td>
<td></td>
</tr>
<tr>
<td>RST 205</td>
<td>Issues in the B1G Conference</td>
<td></td>
</tr>
<tr>
<td>RST 216</td>
<td>Technology in RST</td>
<td></td>
</tr>
<tr>
<td>RST 230</td>
<td>Diversity in RST (also a Gen Ed!)</td>
<td></td>
</tr>
<tr>
<td>RST 242</td>
<td>Nature &amp; Am. Culture (also a Gen Ed!)</td>
<td></td>
</tr>
<tr>
<td>RST 260</td>
<td>Disability in RST</td>
<td></td>
</tr>
<tr>
<td>RST 301</td>
<td>Sport Brand Management</td>
<td></td>
</tr>
<tr>
<td>RST 316</td>
<td>Human Development</td>
<td></td>
</tr>
<tr>
<td>RST 335</td>
<td>Leisure &amp; Consumer Culture (also a Gen Ed!)</td>
<td></td>
</tr>
</tbody>
</table>
What courses are required to earn my R, S, or T concentration?

Recreation:
RST 120: Parks, Recreation, & Environments (also a Gen Ed!)
RST 317: Designing Parks & Rec Experiences
RST 441: Community Planning & Engagement

Sport:
RST 130: Foundations of Sport Management
RST 354: Legal Aspects of Sport
RST 430: Sport & Development

Tourism:
RST 150: Foundations of Tourism
RST 350: Tourism & Culture
RST 450: Tourism Planning & Development
Who will be my Academic Advisor?

Jason Schroeder

Hello! We are so happy you are considering RST! As a two-time graduate of the RST program (B.A. 2013; M.S. 2016), I am extremely proud to serve you, supporting, guiding, and challenging RST students as they progress in their studies and towards their careers. Prior to beginning as the Undergraduate Academic Advisor, I spent my professional career in athletics, most recently working for 4.5 years as a Learning Specialist for the Division of Intercollegiate Athletics at the University of Illinois. I look forward to working with you! Feel free to reach out to me at schroe24@Illinois.edu or 217-333-4929.
Contact Information

Jason Schroeder  
Undergraduate Academic Advisor  
schroe24@illinois.edu

Dr. Bill Stewart  
Professor; Department Head  
wsstewart@illinois.edu

Dr. Toni Liechty  
Professor; Director of Undergraduate Studies  
tliechty@illinois.edu