Orientation to Recreation, Sport and Tourism

College of Applied Health Sciences

UPDATED: JULY 2021
WELCOME TO RST!

In order to apply to our major, please submit your application using this link:

https://ahs.illinois.edu/rst-ict
Dr. Carla Santos, Professor; Department Head

Welcome to the Department of Recreation, Sport and Tourism at the University of Illinois. I am thrilled to be working with each of you, and looking forward to congratulating you at the end of your journey! As a student in RST, you will learn from award-winning faculty, be surrounded by peers who are innovative, dedicated, and enterprising, and be mentored by one of the RST industry’s most extensive and impressive alumni networks. We are all looking forward to working with you in historic Huff Hall!

Go Illini,
Carla
Dr. Kim Shinew, Professor; Director of Undergraduate Studies

Hello! We are so glad you are considering joining the RST department. I have been a faculty member in RST for many years and I can assure you this is a vibrant, successful, and welcoming department. We have an outstanding curriculum that will prepare you for many career options. Our faculty rank as some of the top instructors on campus and they are eager to work with RST students. As the Undergraduate Director, I look forward to meeting you and learning about your professional aspirations.

Feel free to contact me if you have any questions at shinew@illinois.edu or 217-333-5201.
Frequently Asked Questions

Continue reading for deadlines, program information, and coursework information.
What are my deadlines to apply?

The ICT application process uses many cycles, so there are multiple application deadlines:

**Fall Semester Deadlines:**
- First Friday of the semester (for fall admission)
- Eighth Friday of the semester (for spring admission)
- Last day of instruction of the semester (the day before reading day) (for spring admission)

**Spring Semester Deadlines:**
- Eighth Friday of the semester (for fall admission)
- June 1st (for fall admission)

Please refer to the Office of the Registrar’s “Academic Deadlines” for a specific date in any given semester: [https://ahs.illinois.edu/ahs-ict](https://ahs.illinois.edu/ahs-ict)
What courses can I take to get ahead?

Below are some suggested RST courses to take in advance, though they are not required to enter the major:

**Suggested Courses:**

- RST 100
- RST 101
- RST 200
- RST 230
- RST 255
- RST 120 (if you are interested in the recreation concentration)
- RST 130 (if you are interested in the sport concentration)
- RST 150 (if you are interested in the tourism concentration)
Why should I choose to transfer into RST?

Below are just some of the many benefits of being a student in RST:

Benefits:

- Select the concentrations that most interest you (Recreation and Park Management, Sport Management, and/or Tourism Management)
- Work with community groups
- Gain hands-on, practical skills in your courses, study tours, and site visits
- Contribute to the work of professional organizations
- Study abroad
- Participate with faculty in cutting-edge research and outreach
- Enrich your personal and professional skillset through RST 485, our 12-credit hour internship
- Experience a curriculum rooted in psychology, sociology, business administration, management, and human development
- Learn from faculty who widely are recognized for their leadership, research, professional contributions, and excellence in teaching
- World-wide alumni network necessary in securing good job placement
What courses make up the curriculum?

Click here for a snapshot of the curriculum!
Who can I contact for more information?

Patty Hudek, Undergraduate Recruiter

Hi there! I’m so glad you’re interested in Recreation, Sport & Tourism (RST)! I graduated with my BS and MS in Family and Consumer Sciences from EIU with a focus on nutrition and am passionate about health. I’ve spent the last three years recruiting for the College of Applied Health Sciences, and I look forward to helping you! Feel free to sign up for a Zoom Visit or contact me directly at phudek@Illinois.edu or 217.300.7343.
Who is my Academic Advisor?

Jason Schroeder

Hello! We are so happy you are considering RST! As a two-time graduate of the RST program (B.A. 2013; M.A. 2016), I am extremely proud to serve you, supporting, guiding, and challenging RST students as they progress in their studies and towards their careers. Prior to beginning as the Undergraduate Academic Advisor, I spent my professional career in athletics, most recently working for 4.5 years as a Learning Specialist for the Division of Intercollegiate Athletics at the University of Illinois. I look forward to working with you! Feel free to reach out to me at schroe24@illinois.edu or 217-333-4929. To schedule a meeting, use the following link: https://outlook.office365.com/owa/calendar/MeetingsWithJason@uillinoisedu.onmicrosoft.com/bookings/
Contact Information

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