

Kinesiology Intercollegiate Transfer (ICT) Information

Thank you for your interest in the Program of Study in Kinesiology! We appreciate your attendance at this information session. Please review the following information regarding applications and the transfer process for current Illinois students.

Application Criteria

Admission to Kinesiology is by application only. This process is competitive and meeting the requirements below **does not guarantee** your ability to transfer. Please review our website at <https://ahs.illinois.edu/kinesiology/advising> for further information about our program and potential careers. You can also view information about our transfer procedures at <https://ahs.illinois.edu/undergrad-ahs-ict>.

The requirements are:

- ✓ 2.80 minimum GPA (recommended)
- ✓ Freshmen - completed one year in college or department of acceptance (30 earned hours).
Transfers – completed one semester in college or department of acceptance.
- ✓ Completed application; see instructions below.

Application Submission Instructions

Please submit all application materials online at <http://bit.ly/kinict>.

- ✓ Complete online ICT Application including personal statement and resume.
 - Personal statement: Please upload a typewritten statement (*one page double spaced maximum*) describing your background and career goals as they relate to your curriculum choice in this department. You may include any curricular, co-curricular, or work experiences that have influenced your educational and career plans.
 - Resume: You are encouraged to use the Career Center resources to help develop your resume if you do not have one.

Application Deadline

Applications are accepted by the following deadlines each semester:

- **Fall** Deadlines: (applications received after the stated deadline will automatically be considered for the next cycle)
 - The first Friday of the semester;
 - The eighth Friday of the semester;
 - January 1st
- **Spring** Deadlines: (applications received after the stated deadline will automatically be considered for the next cycle)
 - The eighth Friday of the semester;
 - June 1st

Please refer to the Office of the Registrar's "Academic Deadlines" for a specific date in any given semester.

All applicants will be notified of admission (accepted or denied) by an email sent to their Illinois email account. Those offered admission must accept the offer by the deadline stated in the email.

Contact Information

If you have questions not addressed on this information sheet, please contact:

Kaila Tyner, ktyner@illinois.edu (last names A-K) or Amy O'Neill, aroneill@illinois.edu (last names L-Z) Undergraduate Academic Advisors. Please note, Advisors will be meeting with Kinesiology majors only during pre-registration.

Please submit all application materials online at <http://bit.ly/kinict>.

Kinesiology Degree Requirements

Kinesiology Curriculum forms that include general education as well as major requirements, can be found on our website: <https://ahs.illinois.edu/kinesiology/advising>. You may also view a degree audit that includes Kinesiology degree requirements at <https://registrar.illinois.edu/academic-records/dars-audit/>.

Course Suggestions

Suggested HK Courses (most HK courses restricted to Kinesiology majors only, please see Class Schedule at <https://courses.illinois.edu/> for release dates.)

- Kinesiology Core – HK 140, HK 150, HK 201, HK 250
- Kinesiology and Community Health Core – HK 154, HK 111
- Kinesiology Electives – HK 242, HK 243, HK 362

Suggested Courses (Physical Education/ Personal Training/Exercise Physiology)

- Physical Education Teacher Licensure
 - HK 260, HK 261, HK 463, HK 461, PSYC 100, EPSY 201, EPOL 201
- Personal Training/Exercise Physiology - FSHN 120, HK 110

Suggested Pre-Health Courses

- Most professional school programs in allied health, i.e. PT, OT, PA, Chiropractic and Medicine, require science courses such as biology, chemistry, physics, psychology and math. Please speak with an advisor if you have specific questions about these pre-requisites.

Suggested General Education Courses

- Rhetoric and/or Speech Communication Requirement (Choose 1 sequence below)
 - RHET 105 and CMN 101
 - CMN 111 and CMN 112
- Foreign language Requirement
 - Must be completed through the 3rd year/level
- Humanities & Arts Requirement
 - 2 courses from the university general education list
- 1 Nonwestern Cultures, 1 US Minority Cultures and 1 Western Cultures Requirement
 - Try to choose H & A classes that also fulfill cultural studies (see gen. ed list)
- Social/Behavioral Science Requirement
 - You will fulfill social and behavioral sciences with HK courses however, we recommend PSYC 100 because it is needed for the Teacher Licensure Program and many graduate schools
- Quantitative Reasoning 1 & 2
 - Many graduate programs require statistics (STAT 100). HK 201 fulfills QR2.
- Natural Sciences & Technology
 - HK 150 meets the life science requirement
 - Choose one physical science course (dependent upon career intention)
- MCB 244/245 and MCB 246/247

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